

September

2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Cheeseburger on WW Bun Carrots, Tator tots Baked Beans, Peaches	4 Cheese Pizza on WW crust Romaine Salad w/ low fat dressing Corn Banana	5 Soft Shell Taco With taco meat Black Beans Ice berg Lettuce Salsa, Cheese , Applesauce	6 Turkey hot dog on WW Bun French Fries Broccoli Mandarin Oranges
9 Whole Grain Spaghetti Tomato Sauce Whole grain Bread sticks Green Beans, Pears	10 Sausage French Toast Sticks Tator Tots Pineapple	11 Hot ham and cheese /WW bun Potato Chowder Romaine/Spinach Salad low fat dressing, Banana	12 Corn Dog French Fries Romaine/Ice berg lettuce salad Low fat dressing, Orange Wedges	13 Chicken Legs Mashed Potatoes and Gravy Baked beans Whole Wheat Bread, Apples
16 Mexican Haystack w/taco meat Cheese, Lettuce, Salsa, Black Beans Tortilla Chips, Mandarin Oranges	17 Pizza Casserole, WW Garlic Breadsticks Broccoli Romaine salad w/low fat dressing Applesauce	18 Pulled Pork on WW Bun Tator tots Green beans Banana	19 Chicken strips Mashed Potatoes Gravy Corn Whole Wheat Bun Peaches	20 Hamburger on WW Bun Romaine Salad w/low fat dressing French fries Baked Beans Pineapple
23 Turkey gravy, Mashed potatoes, Peas Whole Wheat Roll Peaches	24 BBQ Chicken on WW Bun Baked Beans Leafy spinach Salad w/low fat dressing, Juice cup	25 Sliced Ham Scalloped Potatoes Green Beans, Whole Wheat Roll, Banana	26 Chicken Patty on WW Bun French fries Romaine/Spinach Salad w/ low fat dressing, Orange Wedges	27 Sloppy joe on WW bun Carrots Tator Tots Apples
30				

Hamburger gravy Mashed Potatoes Green Beans WW bun Pineapple				